

# UNRAVELING THE RELATIONSHIP BETWEEN SMOKING AND DRINKING IN YOUNG ADULTS



*Why do they go together like drinking milk with cookies?*



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# Afternoon Session: Practical Implications

How can knowledge of alcohol-tobacco interactions be utilized to reduce alcohol and tobacco use?

In general populations?

In populations of young adults?

- ▣ Screening
- ▣ Policy
- ▣ Treatment
- ▣ Prevention



# Afternoon Session: Practical Implications

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1) Screening, 2) Policy, 3) Treatment, 4) Prevention?

4 Groups, brainstorming sessions for 30 minutes

- ▣ Assign leader, note taker
- ▣ How is tobacco and alcohol use addressed within each of your settings? Is the co-use considered?
- ▣ How could programming be designed/expanded/researched to address the co-use?

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## Conclusions