

# Checklist: Main Match – Residency CAS (OBGYN and EM)

JANUARY to MARCH	
<b>Specialty Choice</b>	<input type="checkbox"/> Work toward identifying/finalizing specialty choice <ul style="list-style-type: none"> <li>• Utilize AAMC Careers in Medicine Resources</li> <li>• Attend OSA Residency Application Workshops</li> <li>• Meet with Specialty Advisor(s), OSA, Senior Students/Alumni Network</li> </ul> <p><i>Resources:</i> <a href="#">AAMC CiM</a> (Log in required)</p>
<b>ACP Scheduling</b>	<input type="checkbox"/> Schedule the Advanced Clinical Phase <ul style="list-style-type: none"> <li>• Meet with Specialty Advisor(s), OSA Advisors, Senior Students/Alumni Network</li> <li>• Consult the SOM Renaissance Curriculum Graduation Requirements</li> <li>• Consider whether you plan to do any extramural (“away”) rotations.</li> </ul> <input type="checkbox"/> Apply to extramural rotations <ul style="list-style-type: none"> <li>• Attend SOM Workshop: Extramural Rotations</li> <li>• Attest to review of Module/Workshop and contact OSA to get VSLO Token</li> <li>• Get a head start on vaccine requirements.</li> <li>• Work on a draft of a personal statement/letter of interest for extramural rotations</li> </ul> <p><i>Resources:</i> <a href="#">SOM Academic Handbook</a>, “Clinical Scheduling” and “Extramural Rotations”</p> <p><i>Resources:</i> <a href="#">SOM Renaissance Curriculum Graduation Requirements</a></p> <p><i>Workshop:</i> ACP Scheduling (1/13) – <a href="#">PPT/Recording</a></p> <p><i>Workshop:</i> Extramural Rotations (1/13) - <a href="#">PPT/Recording</a></p>
<b>USMLE Step 2</b>	<input type="checkbox"/> Schedule your USMLE Step 2 examination <ul style="list-style-type: none"> <li>• we recommend taking no later than July 31, 2025</li> <li>• expect results 4-8 weeks after your test date</li> </ul> <p><i>Workshop:</i> Step 2 Registration and Timing (1/13) - <a href="#">PPT/Recording</a></p>
APRIL to JUNE	
<b>Application Prep</b>	<input type="checkbox"/> Update your CV <input type="checkbox"/> Begin to outline/draft your personal statement <input type="checkbox"/> Consider possible LoR writers <p><i>Resources:</i> <a href="#">SOM Residency Application Manual</a></p> <p><i>Resources:</i> <a href="#">AAMC How to Apply for Residency Positions</a></p> <p><i>Resources:</i> <a href="#">ResidencyCAS Applicant Help Center</a></p> <p><i>Workshop:</i> The Residency Application Overview (3/11) – <a href="#">PPT/Recording</a></p> <p><i>Workshop:</i> Watch the Personal Statement 101 <a href="#">Video</a> and attend a Personal Statement Workshop (7/15, 8/22)</p> <p><i>Workshop:</i> Mission/Branding (4/29/2025)</p>
<b>OSA Advising</b>	<input type="checkbox"/> Attend OSA Specialty Advising Sessions (May) <ul style="list-style-type: none"> <li>• Review specifics of applications by specialty including general application strategies, competitiveness of specialty, and unique application aspects for your specialty.</li> </ul> <input type="checkbox"/> Schedule your personal (1:1) meeting with your OSA Advisor (May, Jun, Jul) <ul style="list-style-type: none"> <li>• Refine specialty choice, discuss Advanced Clinical Phase Schedule and review graduation requirements, review components of the residency application,</li> </ul>

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	<p>discuss/review the MSPE, discuss application specifics including number of and which programs to apply to as well as contingency planning.</p> <p><input type="checkbox"/> Discuss contingency planning</p>
<b>Access Residency CAS and MyERAS</b>	<p><input type="checkbox"/> Access your Residency CAS Application – OSA will issue access in April</p> <p><input type="checkbox"/> Access your MyERAS Application – OSA will issue token in April</p> <p>*We recommend all students open a MyERAS application (at no cost)</p> <p><input type="checkbox"/> Obtain your Application Photo – OSA will help schedule with SOM photographer</p>
<b>JUNE</b>	
<b>ResidencyCAS</b>	<p><input type="checkbox"/> Jun 4, 2025 Begin applying through the ResidencyCAS Application</p> <ul style="list-style-type: none"> <li>Begin working on application (demographics, experiences, supporting documents)</li> </ul> <p><i>Resources:</i> <a href="#">ResidencyCAS</a> ; <a href="#">ResidencyCAS Applicant Help Center</a> ; <a href="#">ResidencyCAS Applicant Worksheet OBGYN</a>; <a href="#">ResidencyCAS Applicant Worksheet EM</a></p> <p><i>Workshop:</i> <a href="#">Residency Application Workshop June 3, 2025</a></p>
<b>Acuity Insights</b>	<p>Determine whether you will need to take CASPER/Acuity Insights (Specialty/Program specific). <a href="https://acuityinsights.app/">https://acuityinsights.app/</a></p>
<b>JUNE to AUGUST</b>	
<b>USMLE Step 2</b>	<p><input type="checkbox"/> Take USMLE Step 2 (May, Jun, July) – last day to take July 31, 2025</p> <p><input type="checkbox"/> Applicants can begin requesting USMLE Transcripts – August 25, 2025</p>
<b>Application</b>	<p><input type="checkbox"/> Fine tune your application and supporting documents</p> <p><input type="checkbox"/> Continue editing your Personal Statement (ensure multiple reviewers)</p> <p><input type="checkbox"/> Confirm Letter Writers (recommend they submit by September 1)</p> <p><input type="checkbox"/> Submit your Noteworthy Characteristics to OSA (June 16, 2025)</p> <p><input type="checkbox"/> Review your MSPE for accuracy, spelling, grammar (August)</p> <p><input type="checkbox"/> Choose/refine program list (using data from OSA/Specialty Advisors, Peer Advisors, National Resources)</p> <p><input type="checkbox"/> Contact programs of interest (website/email) to confirm application requirements</p> <p><i>Resources:</i> <a href="#">AAMC Residency Explorer</a>; <a href="#">APGO Residency Directory</a>; <a href="#">EMRA Match</a></p> <p><i>Resources:</i> SOM Alumni Network (Access via MedScope Portfolio Career Tab)</p>
<b>SEPTEMBER</b>	
<b>Application</b>	<p><input type="checkbox"/> Submit Residency Application</p> <ul style="list-style-type: none"> <li>9/4/2024 - Applicants can apply to programs</li> <li>9/25/2024 up to 11:59 PM EST: Application Deadline</li> <li>10/1/2025 - Programs can review applications</li> </ul> <p>*note that programs will see all applications at this time regardless of when applications are submitted we recommend applying/certifying at least 48 hours prior the deadline, but there is no specific benefit to applying/certifying earlier.</p> <ul style="list-style-type: none"> <li>Double check that your application is complete <ul style="list-style-type: none"> <li><input type="checkbox"/> Release USMLE Transcripts</li> <li><input type="checkbox"/> Upload your Photo</li> <li><input type="checkbox"/> Apply to Programs – use all your available program signals</li> <li><input type="checkbox"/> Assign documents (LoR, Personal Statement, Photo, USMLE Transcript)</li> </ul> </li> </ul> <p><i>NOTE: OSA will upload MSPE/Transcript – automatically sent to all programs</i></p> <p><input type="checkbox"/> Certify your application</p>

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	<i>Resources:</i> <a href="#">ResidencyCAS Applicant Help Center</a> ; <a href="#">ResidencyCAS Applicant Worksheet</a>
<b>SEPTEMBER to JANUARY</b>	
<b>NRMP / Match</b>	<input type="checkbox"/> Register for NRMP Match Service - <a href="https://www.nrmp.org/">https://www.nrmp.org/</a> <ul style="list-style-type: none"> <li>Registration opens September; standard registration ends Jan 31<sup>st</sup></li> </ul> <input type="checkbox"/> Learn how the Match works  <i>Resources:</i> <a href="#">NRMP Match Algorithm</a>
<b>Interviews</b>	<input type="checkbox"/> Schedule and attend program interviews <ul style="list-style-type: none"> <li>Interviews typically occur Oct-Jan and dates vary by specialty/program</li> <li>Anticipate a potential mix of virtual and in-person interviews</li> <li>Applicants should actively monitor email and interview broker programs</li> </ul> Oct 28, 2025 – OB&GYN Interview Release Date Nov 1, 2025 – OB&GYN Earliest Interview Date Nov 26, 2025 – OB&GYN Notification of final status (e.g., Offer/Waitlist/Rejection) Note – EM Interviews are offered on a rolling basis after applications  <i>Resources:</i> <a href="#">SOM Residency Application Manual</a> – “Interviews” <i>Resources:</i> SOM Mock Interview Program <i>Workshop:</i> Interview Preparedness <i>Workshop:</i> Post-Interview – Etiquette, Ranking, and More
<b>ACP Schedule</b>	<input type="checkbox"/> Confirm final schedule and <a href="#">Graduation Requirements</a>
<b>FEBRUARY</b>	
<b>Visit Days</b>	<input type="checkbox"/> Attend optional program visit days
<b>Ranking</b>	<input type="checkbox"/> Submit you Rank Order List through NRMP R3 System <ul style="list-style-type: none"> <li>Students may begin submitting ROL Feb 2, 2026</li> <li>Deadline to submit the ROL Mar 4, 2026 @ 9 PM</li> <li>We recommend submitting at least 48 hours in advance</li> </ul> <i>Resources:</i> NRMP <a href="#">Creating a ROL</a> , <a href="#">Supplemental ROL</a> , and <a href="#">Couples in the Match</a>
<b>Tasks</b>	<input type="checkbox"/> Complete the OSA Advising Survey – available after ROL deadline <input type="checkbox"/> Complete the AAMC Graduation Questionnaire – opens 2/14 <input type="checkbox"/> Join the Alumni Network
<b>MARCH</b>	
<b>The Match</b>	<input type="checkbox"/> Attend Mandatory Match Week Workshop (TBD)  <input type="checkbox"/> Plan on being in Baltimore for the entirety of Match Week <ul style="list-style-type: none"> <li>Match week is the third week in March</li> <li>Monday 3/16/2025 at 10 am, students will receive notification of Match status</li> <li>Unmatched students should report to OSA</li> </ul> <input type="checkbox"/> Celebrate Match Day; Friday March 20, 2025 – at M&T Bank Exchange <ul style="list-style-type: none"> <li>Students should anticipate hearing from programs shortly after Match</li> </ul> <i>Resources:</i> <a href="#">Match Week Schedule</a> <i>Resources:</i> <a href="#">NRMP SOAP</a>
<b>APRIL to JUNE</b>	
<b>Post Match</b>	<input type="checkbox"/> Attend Transition to Residency (April) <input type="checkbox"/> Complete Financial Aid Exit Counseling

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|  | <ul style="list-style-type: none"><li><input type="checkbox"/> Check your transcript for completion of graduation requirements</li><li><input type="checkbox"/> Order Graduation Regalia (April)</li><li><input type="checkbox"/> Complete Licensure and Verification Paperwork – OSA can assist</li><li><input type="checkbox"/> Prepare to Move</li><li><input type="checkbox"/> Join the Alumni Network</li><li><input type="checkbox"/> Complete the AAMC Graduation Questionnaire</li><li><input type="checkbox"/> Participate in Senior Year Events</li><li><input type="checkbox"/> Celebrate Commencement with Family and Friends – May 14, 2026</li></ul> |
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