Checklist: ERAS/Main Match

JANUARY to MARCH	

Specialty Choice	☐Work toward identifying/finalizing specialty choice
	   • Utilize AAMC Careers in Medicine Resources
	   • Attend OSA Residency Application Workshops
	   • Meet with Specialty Advisor(s), OSA, Senior Students/Alumni Network
	
	Resources: AAMC CiM (Log in required)

ACP Scheduling	☐Schedule the Advanced Clinical Phase
	   • Meet with Specialty Advisor(s), OSA Advisors, Senior Students/Alumni Network
	   • Consult the SOM Renaissance Curriculum Graduation Requirements
	   • Consider whether you plan to do any extramural ("away") rotations.
	☐Apply to extramural rotations
	   • Attend SOM Workshop: Extramural Rotations
	   • Attest to review of Module/Workshop and contact OSA to get VSLO Token
	   • Get a head start on vaccine requirements.
	   • Work on a draft of a personal statement/letter of interest for extramural rotations
	
	Resources: SOM Academic Handbook, "Clinical Scheduling" and "Extramural Rotations"
	Resources: SOM Renaissance Curriculum Graduation Requirements
	Workshop: ACP Scheduling (1/13) – PPT/Recording
	Workshop: Extramural Rotations (1/13) - PPT/Recording

USMLE Step 2	☐Schedule your USMLE Step 2 examination
	   • we recommend taking no later than July 31, 2025
	   • expect results 4-8 weeks after your test date
	
	Workshop: Step 2 Registration and Timing (1/13) - PPT/Recording

APRIL to JUNE	
Application Prep	☐Update your CV ☐Begin to outline/draft your personal statement ☐Consider possible LoR writers *Resources*: SOM Residency Application Manual *Resources*: MyERAS Residency Application Guide *Resources*: AAMC How to Apply for Residency Positions *Workshop*: The Residency Application Overview (3/11) *Workshop*: Watch the Personal Statement 101 Video and attend a Personal Statement Workshop (7/15, 8/22) *Workshop*: Mission/Branding (4/29) - with Dr. Lumpkins

OSA Advising	☐Attend OSA Specialty Advising Sessions (May)
	   • Review specifics of applications by specialty including general application strategies, competitiveness of specialty, and unique application aspects for your specialty.
	☐Schedule your personal (1:1) meeting with your OSA Advisor (May, Jun, Jul)
	   • Refine specialty choice, discuss Advanced Clinical Phase Schedule and review graduation requirements, review components of the residency application, discuss/review the MSPE, discuss application specifics including number of and which programs to apply to as well as contingency planning.
	☐Discuss contingency planning

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Access MyERAS	☐Access your MyERAS Application – OSA will issue token in April • Access is limited to demographic information and LoR portal ☐Obtain your ERAS Photo – OSA will help schedule with SOM photographer
JUNE	

ERAS	☐Being applying through the MyERAS Application
	    • ERAS opens June 4 at 9 am EST
	    • Begin working on your application (demographics, experiences, supporting documents)
	
	ERAS Timeline is tentative and based on prior years
	Resources: ERAS Tools and Worksheets
	Workshop: Residency Application Workshop (6/4)

Acuity Insights	Determine whether you will need to take CASPER/Acuity Insights (Specialty/Program specific). https://acuityinsights.app/
JUNE to AUGUST	
USMLE Step 2	☐Take USMLE Step 2 (May, Jun, July) – last day to take July 31, 2025
Application	☐Fine tune your MyERAS Application and supporting documents ☐Continue editing your Personal Statement (ensure multiple reviewers) ☐Confirm Letter Writers (recommend they submit by September 1) ☐Submit your Noteworthy Characteristics to OSA (July) ☐Review your MSPE for accuracy, spelling, grammar (August) ☐Choose/refine program list (using data from OSA/Specialty Advisors, Peer Advisors, National Resources) ☐Contact programs of interest (website/email) to confirm application requirements *Resources*: AAMC Residency Explorer *Resources:* SOM Alumni Network (Access via MedScope Portfolio Career Tab)
SEPTEMBER	

Application	☐Submit MyERAS* Residency Application
	    • 9/3/2024 @ 9AM EST: Applicants can apply to programs
	    • 9/24/2024 @ 9 AM EST: Programs can review applications – note that programs will see all applications at this time regardless of when applications are submitted; we recommend applying/certifying at least 48 hours prior to this time, but there is no specific benefit to applying/certifying earlier.
	    • Double check that your application is complete
	        ☐Release USMLE Transcripts
	        ☐Upload your Photo
	        ☐Apply to Programs – use all your available program signals
	        ☐Assign documents (LoR, Personal Statement, Photo, USMLE Transcript)
	        NOTE: OSA will upload MSPE/Transcript – automatically sent to all programs
	        ☐Certify your application
	☐Register for Thalamus
	
	Resources: MyERAS Checklist; Thalamus Applicant Guide; ERAS Timeline

SEPTEMBER to JANUARY	
NRMP / Match	☐Register for NRMP Match Service - https://www.nrmp.org/ • Registration opens September; standard registration ends Jan 31st ☐Learn how the Match works

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	Resources: NRMP Match Algorithm
Interviews	☐ Schedule and attend program interviews • Interview release date varies by specialty (some specialties/programs may release interviews immediately) • Interviews typically occur Oct-Jan and dates vary by specialty/program • Anticipate a potential mix of virtual and in-person interviews • Applicants should actively monitor email and interview broker programs *Resources*: SOM Residency Application Manual – "Interviews" *Resources*: SOM Mock Interview Program *Workshop*: Interview Preparedness *Workshop*: Post-Interview – Etiquette, Ranking, and More
ACP Schedule	☐ Confirm final schedule and Graduation Requirements
FEBRUARY	
Visit Days	☐ Attend optional program visit days
Ranking	☐ Submit you Rank Order List through NRMP* R3 System • Students may begin submitting ROL (Feb 2 at Noon) • Deadline to submit the ROL End of (Mar at 9 PM) • We recommend submitting at least 48 hours in advance *NRMP Timeline is tentative and based on passed cycles *Resources*: NRMP Creating a ROL, Supplemental ROL, and Couples in the Match
Tasks	☐ Complete the OSA Advising Survey – available after ROL deadline ☐ Complete the AAMC Graduation Questionnaire – opens 2/14 ☐ Join the Alumni Network
MARCH	
The Match	☐ Attend Mandatory Match Week Workshop (TBD) ☐ Plan on being in Baltimore for the entirety of Match Week • Match week is the third week in March • Monday 3/16/2026 students will receive notification of Match status • Unmatched students should report to OSA ☐ Celebrate Match Day – Friday March 20, 2026 – with Family & Friends at M&T Bank Exchange • Students should anticipate hearing from programs shortly after Match *Resources*: Match Week Schedule *Resources*: NRMP SOAP
APRIL to JUNE	
Post Match	☐ Transition to Residency (April) ☐ Complete Financial Aid Exit Counseling ☐ Check your transcript for completion of graduation requirements ☐ Order Graduation Regalia (April) ☐ Complete Licensure and Verification Paperwork – OSA can assist ☐ Prepare to Move if Applicable ☐ Join the Alumni Network ☐ Complete the AAMC Graduation Questionnaire ☐ Participate in Senior Year Events

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	☐ Celebrate Commencement with Family and Friends – May 14, 2026