

For more
information please
contact:
410-448-6590

or visit

www.compmed.umm.edu



**The Center for Integrative Medicine
University of Maryland School of Medicine**



Acupuncture & Meditation For Wellness

A person may be
eligible for this
study if she:

- Is 21 years of age
or older
- Experienced
childhood sexual
abuse
- Is under the care
of a therapist or
physician

The University of MD School of Medicine is conducting a study of acupuncture and a meditation program called Mindfulness-Based Stress Reduction (MBSR) to reduce psychological distress and improve well being among female adult survivors of childhood sexual abuse. Acupuncture and MBSR have been shown in clinical research to reduce psychological distress, and to improve well-being.

We are conveniently located near I-70 and Security Boulevard in Baltimore County. Parking is free. Participants will be compensated for their time. This is an investigational research study by the Center for Integrative Medicine, University of Maryland School of Medicine, protocol # H-30427.